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Teaching Schedule Per Week		Progressive		Theory		Practical Ex.		Total		
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- Rationale- The course gives knowledge and skills in the different stitches and technique which can be used to make garments and accessories. Hrs

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COURSE CONTENTS	2
I. KNITTING Introduction to knitting. Knitting Supplies: various yarn needles and knitting aids. Abbreviation and symbols used in knitting. Basic stitches- Casting on. Forming the knit stitch. Forming the purl stitch. Casting off, increasing, decreasing, sides selvedge.	
2. BASIC STITCH PATTERNS Garter stitch stocking stitch, moss or seed stitch, rib stitch, and variations in basic stitches.	
2 FANCY STITCH PATTERNS	

FANCY STITCH PATTERNS
Textural ribs. Diagonal laces, knotted cross-stitched, cables, novelty and smoked stitches multicolored stitches.

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4. MACHINE KNITTING	10
Parts of machine construction of knitting fabrics classification of knitted fabrics, weft and warp knitting. Weft – plain knit stitch, purl stitch, rib stitch	
Warp knitting- Tricot, Raschel, Simplex knit, Jacquard knitting, pile, fleece knitting.	
5. CROCHET	2
Introduction and abbreviations and terms. Materials and tools- Yarns needle & crochet aids, Basic stitches and variations chain stitch, slip stitch, single crochet, half double crochet, double crochet, treble crochet, double treble crochet, treble trible crochet.	
Total	10

PRACTICALS

Making the following garments of knitting-Tank Top Sample, of different stitches both by hand and machine. Samples of crochet stitches and a small motif .

REFERENCE BOOKS

1. The Hanlyn complete Knitting course - Eleanor Nan Zandt

2. The Hanlyn Publ. Group Ltd, Michelin House, 81, Fulha Road, London SW36 RB

3. The Prin. of Knitting - Methods & Tech. of Hand Knitting -June Henmons Hiatt

The Prin. of Knitting - Methods & Tech. of Hand Knitting -June Hemmons Hiatt
Kids Knits & Crochet - Better living collection -Phillippa sandall, J, B.fairfar Pty Ltd 80-82 The Lachlan Av, Rushcutters Bay, NSW - Australia 2011
Cotton collection - the beadley's Herecy, Holt & co. NY - 110011, U.A.S.
A complete guide to Knitting - Pan Dawsen selects editions, Marshall Cavendish Books Ltd. 58. Old Compton St London WIVSPA
The Crochet workbook - Sylvia Cosh & Janes Walter B. T. Batsford Ltd., Log

